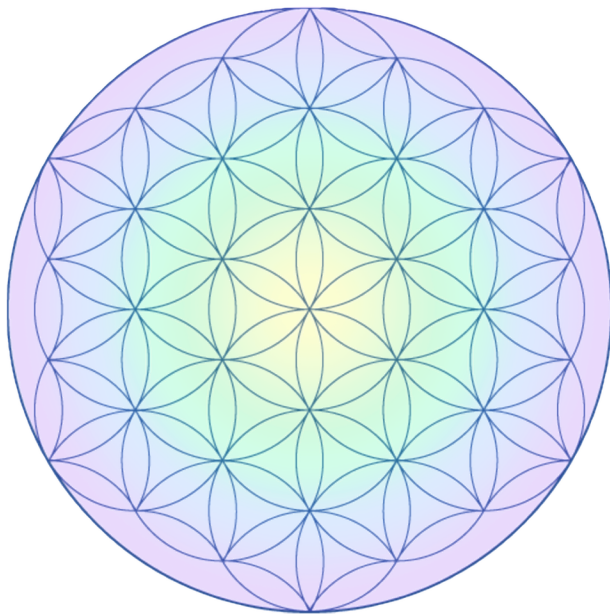


1-Minute Gratitude Activation

for Abundant Blessings of Health, Wealth, Love & Life Energy

with the *Now Healing Flower of Life Alignment*



Feel your Center as you inhale & exhale. (The *Center* is your vertical *Central Core* – a "tube" of energy, light & information that connects your gut, heart, central nervous system, brain, chakras, central & governing meridians, higher awareness, Infinite Self, and the *Centers* of the earth and the universe.)

Look at the Center of the Healing Image above ("Flower of Life"). Do this for at least 10 seconds, but no more than 30 seconds. (Use a soft, gentle gaze, not a hard focus, so the image shifts and morphs.)

"Enter" the image to your Center. No need to know how it works – simply decide that the image is going into your *Center*... now. For example, you can "Send" it in with a verbal command by saying "Enter to my *Center*... Now." Or Breathe it in, or Feel it going in, or Imagine it's going in to your *Center*.

Say or Think these Commands, and Enter the word "Now" to your Center:

- *I Align with Gratitude... Now.*
- *I Allow Gratitude into my Matter, Mind, Energy, Information, Time, Space & Resonance... Now.*
- *I Exude Gratitude... Now.*
- *I Align with the blessings and abundance of the universe... Now.*
- *I Flow and Flower with the Power of Gratitude... Now.*

Look at the Healing Image again, for 10 to 30 seconds, and Enter it to your *Center*.

For more info on how to do "Instant Morphic Healing" with the Flower of Life image and the *Now Healing* Commands, please browse the website's Free Alignments and FAQs areas.
Stay tuned for more healing, coming to your email inbox soon!